Chai Holistic Health Services

Foundations of Therapeutic Touch® Online Course

November 5, 7 & 8, 14, 2026 PLUS BONUS session November 19

Pixabay

Experience peace within

Contemporary research demonstrates that Therapeutic Touch® (TT) can promote relaxation, reduce anxiety and pain, and promote healing in self and others. TT is a gentle, holistic approach that supports the body's own natural healing resources. Using one's hands, variations in the human energy field are recognized and balance in the field is supported**.** Basic assumptions underlying the practice of TT, supporting theoretical frameworks, the TT process, and research are addressed. Through interaction, demonstration, practice, and dialogue you learn beginning skills in the process of Therapeutic Touch. This course supports the development of foundational skills for offering Therapeutic Touch to self, family, and friends. For further course information go to: https://chaiholistichealthservices.coachesconsole.com/foundations-of-therapeutic-touch-course.html

Location: ZOOM Platform

Dates & Times: Thursday, November 5, 6-8 pm ABT; Saturday Nov. 7 & Sunday Nov.8, & Saturday Nov. 14, 8 am to 12 pm ABT, plus BONUS session Thursday Nov. 19, 6 – 8 pm ABT

Total Recognized Contact Hours = **12+ hours**

Registration Deadline is Thursday October 29, 2026 *Note: Registration has limited numbers with this ZOOM offering, so register early to guarantee your place in this course.

Fee: $220 CDN (includes all sessions, a detailed course workbook **plus two BONUSES**:

a. Paid **PTTN membership** for first time, new, non-member participants (value $30)

b. A two-hour, group **FOLLOW-UP SESSION:** Thursday Nov. 19, 6 – 8 pm ABT (value $50)

Course Facilitators:

Chery Ann Hoffmeyer Ph.D., RTTT, QTTT®

Chery Ann has been practicing Therapeutic Touch (TT) since 1984 and teaching TT since 1988, TT has become a lifeway for her. She brings a wealth of knowledge and experience directly from TT's co-founders Dora Kunz and Dr. Dolores Krieger Ph.D. with whom she studied extensively. Chery Ann looks forward to sharing her passion for TT and her knowledge and experiences with you

Sherry Crann-Adair, RTTP, Student TT Teacher

Sherry lives in Strathmore, Alberta and is a member of the Prairie Therapeutic Touch Network. She is an RTTP who has been practicing Therapeutic Touch for 20+ years. She is currently working towards becoming a Recognized TT Teacher. Sherry looks forward to inspiring participants to continue their TT journey as she continues development of her teaching skills

Participants are asked to have two people with whom they can offer in-person TT with, one during the course on Saturday November 14 and one during the final course assessment.

Registration application and fee must be received no later than **Thursday October 29, 2026**

Registration & Payment: Complete the registration form online along with your full payment https://chaiholistichealthservices.coachesconsole.com/foundations-therapeutic-touch-registration.html

Registration Confirmation: Email confirmation will be sent when your completed registration form is received and you are accepted as a course participant.

Cancellation policy: Registration fee minus a $60 processing fee for cancellations up to Thursday **October 29, 2026.** After this date there are no refunds.

We look forward to beginning your TT journey with you.

Chery Ann & Sherry

#peacefulness #relaxation #calm #self-healing