

Foundations of Therapeutic Touch® Online Course

**Thurs. Sept. 5, Tues. & Thurs., Sept. 10 & 12, 17 & 19, 24 & 26, 2024, 6 – 8:00 pm MT,
Plus a BONUS follow-up session Tues. Oct. 1, 6 – 8 pm**

Contemporary research demonstrates that Therapeutic Touch® (TT) can be used to promote relaxation, reduce anxiety and pain, and promote healing for self and others. TT is a non-invasive, holistic approach that supports the body's own natural healing resources. Through use of the hands, variations in the human energy field are identified and the practitioner can facilitate balance in the field. Basic assumptions underlying the practice of TT, supporting theoretical frameworks, the TT process, and research will be addressed. Through interaction, demonstration, practice, and discussion you learn beginning skills in the process of TT. This course supports the development of foundational skills for practicing Therapeutic Touch with self and family, and is the first course in becoming a recognized Therapeutic Touch practitioner.

Pre-requisites: Openness to learning and a desire to help self and others heal

For further course information go to: <https://chaiholistichealthservices.coachesconsole.com/foundations-of-therapeutic-touch-course.html>

Location: ZOOM Platform

Time & Dates: 6-8pm MT, Thurs. Sept. 5, Tues. & Thurs., Sept. 10 & 12, 17 & 19, 24 & 26 **Plus a Bonus session** Thurs. September 26, 6-7pm MT, 2024 **Total Recognized Contact Hours = 12 hours**

Registration Deadline: Thursday August 29, 2024 *Note: Registration is limited to a maximum of 8 participants with this ZOOM offering, so register early to avoid disappointment

Fee: \$220 CDN (includes all sessions, a detailed course workbook **plus two BONUSES**

i. **Paid PTTN membership** for first time, new, non-member participants (value \$30)

ii. One, two-hour **FOLLOW-UP SESSION:** Tuesday Oct. 1, 6 – 8 pm MT (value \$37)

Registration & Payment: <https://chaiholistichealthservices.coachesconsole.com/foundations-therapeutic-touch-registration.html>

Course Facilitators:

Dr. Chery Ann Hoffmeyer, PhD, RTTT, QTTT

Chery Ann has been practicing Therapeutic Touch (TT) since 1984 and teaching TT since 1988, TT has become a lifeway for her.

She brings a wealth of knowledge and experience directly from TT's co-founders Dora Kunz and Dr. Dolores Krieger Ph.D. with whom she studied extensively.

Chery Ann looks forward to sharing her passion for TT and her knowledge and experiences with you.

Sherry Crann-Adair, RTTP, TT Teacher Mentee

Sherry lives in Strathmore, Alberta and is a member of the Prairie Therapeutic Touch Network. She is an RTTP who has been practicing Therapeutic Touch for 20+ years. She is currently working towards becoming a Recognized TT Teacher. Sherry looks forward to inspiring participants to continue their TT journey as she continues development of her teaching skills

To Register: Complete the registration form online after your payment is received

<https://chaiholistichealthservices.coachesconsole.com/foundations-therapeutic-touch-registration.html>

Participants are asked to have two people with whom you can offer in-person TT during the course and the final course assessment.

Registration application and fee must be received no later than Thursday August 29, 2024.

Registration Confirmation: Email confirmation will be sent when your completed registration form is received and you are accepted as a course participant.

Cancellation policy: Registration fee minus a \$60 CDN processing fee for cancellations up to Thursday August 29, 2024. After this date there are no refunds.